

Seiko Series SEH (7T34)

Flight Computer

FEATURES

- ◆ Hour, minute, small second and 24-hour hands.
- ◆ Chronograph can measure up to 30 minutes in 1/5 seconds.
- ◆ Calendar: Date hand.
- ◆ Alarm can be set on a 12-hour basis with two small hands.
- ◆ Alarm hands can indicate the time of an area in a different time zone.

HOW TO SET TIME/CALENDAR

1. To set time pull crown 1 out to second click and turn to set hour and minute hands, then push back to normal position.
2. To set calendar pull crown 1 out to first click and turn to set date hand, then push back into normal position.

HOW TO SET ALARM

1. Pull crown 2 out to second click and turn to set small alarm hands to the current time. Push crown 2 back into normal position.
3. Pull crown 2 out to first click.
4. Press button "C" to set small hands to the desired alarm time.**
5. Push crown 2 back into normal position. Alarm hands indicate the current time.
6. To engage, pull out crown 2 to first click.
 - Alarm rings at the designated time for 20 seconds.
 - To stop it, press button "A", "B" or "C".
7. To disengage, push back crown 2 into normal position.

HOW TO USE CHRONOGRAPH

1. Set crown 1 at normal position.
2. Push button "A" to start/stop/restart.
3. Push button "B" to split/split release/reset.

HOW TO USE SLIDE RULE

For detailed instructions on how to use the slide rule bezel see Section II - Case Functions p. A-C.

** Hand moves quickly if the button is kept pressed.

